

Výukový materiál v rámci projektu OPVK 1.5 Peníze středním školám

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Název výukového materiálu:	Health and Diseases 2
Druh výukového materiálu:	Pracovní list s prezentací a textem k doplnění k tématům Lidské tělo, Lázně v ČR, U lékaře, Choroby.
Čas:	40 minut
Využití:	Studenti si rozšíří slovní zásobu k tématům Lidské tělo, Lázně v ČR, U lékaře, Choroby.

HUMAN BODY

Complete the text with the correct word. The first letter is always written:

What are the parts of the human head? Can you describe them?

The human body consists of h....., b..... and l..... .

The head consists of s....., which protects the brain and the face. The skull is covered with h..... . H..... can be of different colours and design. People have round, square or thin f..... . The parts of the f..... include forehead, eyes, nose, cheeks, mouth and chin. On both sides there are eyelashes. Under the nose there are l..... with mouth. In the mouth there are t..... and t..... .

What are the parts of the human body? Describe some of the organs.

The n..... links the head with the body. The ch..... consists of chest bones, abdomen, back and pelvis. The chest contains two vital organs - the h..... and l..... . The abdominal cavity contains the s....., liver, spleen and intestines. Another major organ is k..... .

What limbs are the parts of human body and what is the role of the skeleton?

Limbs are arms and l..... . The skeleton consists of a number of b..... . They are covered with m..... . The blood circulates in arteries and v..... . S..... is our body film and it covers all our bones and muscles.

SPAS IN THE CZECH REPUBLIC

Are there any healing springs in this country?

In our country, there are several healing springs. To the most famous/well-known spas belong Karlovy Vary, Františkovy Lázně and Mariánské Lázně.

Karlovy Vary was set up in the 14th century by Ch..... IV. and patients from all over the world have come there. Mariánské Lázně has up to 40 cold springs, and the water is used for both drinking and bathing. Many celebrities were treated there such as Goethe, Chopin, Gogol. Františkovy Lázně is a famous spa for patients with women and heart diseases. The poet Goethe said: It is "Paradise on Earth".

Other spas are J..... where kidney diseases are treated, Teplice and Jáchymov for rheumatism and arteriosclerosis, L..... for asthma and bronchitis or P..... for heart diseases.

These are some of the disorders treated in spas: gallbladder, stomach or liver disorders, kidney or nervous disorders, women's diseases, rheumatism, disorders of the locomotive organs, asthma, bronchitis, disorders of the airways, lung diseases, heart and blood-vessel disorders.

These are methods to heal disorders: drinking water from h..... springs, bathing in water, bathtubs and mud, m....., electrotherapy, cold packs, coverings, inhalation, healing gymnastics, special diets, w..... .

AT THE DOCTOR'S

When do we see our general practitioner?

When we have to go to see our doctor, we have certain symptoms of a disease or we go there for regular ch..... . The most common symptoms are for instance feeling unwell, elevated or high temperature, f....., headache, sickness, c....., cold or sore t..... .

What happens in the waiting room and in the surgery?

There are often many people in the waiting room so it is necessary to wait for some time. When the patient is called in, the n..... needs to have his or her personal details (name, address, insurance company). Then the patient is invited into the s..... to see the doctor.

The first question the doctor will normally ask is: "What is wrong with you?" and then comes a thorough examination of the body. The doctor will give the d..... when he/she finds out what the cause of the trouble is.

Are doctors always able to make the diagnosis without any doubts?

When the diagnosis cannot be given directly, you have to have laboratory e..... . The doctor will decide according to the results whether it is possible to treat the medical problem or whether to refer the patient to a s..... .

Is medicine free of charge?

Not all medicines prescribed by doctor are f..... of charge. There are also many kinds of medicines available without p..... . Medicine can be in different forms such as tablets, pills, capsules, d....., ointment.

When do we see our doctor for a check-up?

People should go for a regular check-up every t..... years.

What problems can be brought about by accidents?

You can have scratches; b..... and cuts, which sometimes need s..... so that the scar is not so visible. In an accident, you may also pull or tear a muscle, s..... or tear ligament or tendon.

Do you see your dentist on a regular basis?

I go to the dentist regularly because people should go to the dentist twice a year.

DISEASES

What diseases may be caught when travelling?

When we travel, we mostly catch diseases typical for that region. In exotic countries, tourists often catch d....., fevers, spots or different exotic diseases that aren't typical in the Czech Republic. That's why we should v..... ourselves before travelling there.

Have you ever given first aid? Can you talk about it?

No, I have never given it./Yes, I have given the first aid when we

What are the most frequent causes of death?

The most common causes of death include car accidents, aviation/plane accidents, boat disasters, cholesterol, lung c....., heart diseases, murder, suicide, civilisation d..... .

What are civilization diseases?

Atherosclerosis, stroke, hypertension, o....., diabetes, cancer, burnout syndrome, rheumatic disease, premature b....., Alzheimer's disease or constipation belong among the civilization diseases.

Have you ever been in hospital? Was it serious?

Yes I was in the hospital when I was years old. I was there because of an operation of appendicitis/..... .

What do you do to stay healthy?/What to do in order to be and keep fit?

I go regularly to the general practitioner./I try to do sports and eat healthily./I keep drinking regime./I try to have enough sleep
People should pay more attention to their diet./They should not eat junk food, they should eat more vegetables, fruit, legumes./People should do some sport activities regularly.

What do you think of acupuncture and of alternative medicine?

They can help when you also use traditional methods. / I don't believe in these methods, I prefer traditional methods. / I believe in/I use/I have tried

What do you think about vegetarians and vegans and what is the basis of their life style?

Vegetarians don't eat meat, some of them eat poultry and fish. Nevertheless, vegans are the form of fanatical vegetarians - they don't eat absolutely anything from animals. They have to choose food, which has the same substances that we can find in meat in order to stay healthy and not to suffer from malnutrition.

Vegetarians/Vegans prefer